

LUNCH MENU

Served 12-3 Monday to Saturday

STARTERS & SIDES

Soup of the Day	7.5
A warm and comforting bowl made from the freshest seasonal ingredients, served with slices of crusty sourdough bread (V) (GF Available)	, ,
Chicken Caesar Salad Crisp baby gem lettuce tossed with garlic and herb croutons, crispy bacon and our home-made Caesar dressing with anchovy for a savoury kick	8
Smoked Mackerel & Beetroot Salad Rich, flaky smoked mackerel served over a vibrant beetroot base, paired with seasonal leave zesty citrus notes and a touch of horseradish crème fraîche (GF)	8
Home-made Sausage Roll Local pork sausage, lightly seasoned and wrapped in golden, buttery puff pastry, served with a generous dollop of our caramelised red onion chutney	6.5
Olives & Bread A rustic board of marinated olives, sundried tomatoes, and garlic cloves, served with sourdough, crunchy grissini and a rich olive tapenade. Finished with a pot of olive oil and balsamic for dipping and a touch of chilli (Vg)	6

MAINS

Quiche of the Day Home-made buttery pastry, filled with local free range eggs, cheese and s (V)	I4 easonal vegetables
Ham, Eggs and Chips Local butchers ham, 2 free range eggs, chunky chips and peas (GF)	I
The Ultimate F&G Burgers 100% beef patty / Hand breaded chicken breast / Home-made veggie b In a toasted bun, smoked applewood cheese*, streaky bacon*, sticky carat onion, gherkins and cos lettuce, served with our in house cider battered of skin-on skinny fries (GF available) (V & VG *vegan cheese and omit *bacons	melised red onion rings and
Fish and Chips Market fresh fish of the day, encased in crispy cider batter, served with a chips, peas, and our homemade tartar sauce (GF Available)	17 side of golden
Ploughmans	16
A hearty classic featuring thick-cut ham, mature Cheddar cheese, crusty crisp apple slices, homemade pickle, cornichons and a fresh green salad	bread and butter,
Add Stilton 4	
Feel Good Super Bowl	15
A vibrant bowl of lamb's lettuce and seasoned quinoa, topped with fresh garlic and thyme roasted courgette, red pepper and aubergine. Finished verisp radishes, pomegranate seeds, toasted sunflower and pumpkin seeds fresh mint and basil. Served with a zesty lemon, honey and parsley dressi	vith shaved carrot, and a sprinkle of
Add Feta (V & GF) 4	
Add Chicken Breast (GF) 4	

SANDWICHES AND JACKET POTATOES

Club Sandwich A triple-layered toasted sandwich stacked with chicken, crispy bacon, lettuce, tomato, and mayo. Served with a side of crisps and a green salad (GF Available)	14
Philly Steak Ciabatta Tender strips of locally sourced beef with melted cheese, caramelised onions and peppers, served in a warm toasted ciabatta. Served with a side of crisps and a green salad (GF Available)	Ι4
Tuna Mayo Sandwich Creamy tuna mayo with finely chopped red onion and a sprinkle of fresh mixed herbs. Served with a side of crisps and a green salad (GF Available)	12
Tuna Mayo Jacket Potato A fluffy jacket potato topped with creamy tuna mayo, red onions, and a sprinkle of fresh mixed herbs. Served with a side of green salad (GF)	12
Bacon, Cheese & Coleslaw Jacket Potato Crispy bacon and melted cheese loaded onto a fluffy jacket potato, finished with a generous spoonful of our homemade coleslaw. Served with a side of green salad (GF)	12
Beans, Cheese and Coleslaw Jacket Potato A proper classic - Heinz baked beans and mature Cheddar cheese on a fluffy jacket potato, with a generous helping of homemade coleslaw. Served with a side of green salad (GF)	II

DESSERTS

(FB)	Coffee Panna Cotta	7.5
8	A silky set cream infused with rich coffee, served with a crisp home-made biscotti	
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	The Fox's Chocolate Stack	7.5
	A rich chocolate brownie base topped with silky chocolate mousse, served with Chantilly cream and a sprinkle of candied nuts (V)	•
	Apple & Cinnamon Crumble	7.5
	Baked Bramley apples with a hint of cinnamon, topped with a golden, buttery crumble.	
	Served warm with custard or cream (V)	
	Treacle Tart	7.5
	A golden, sticky treacle tart served warm with a dollop of clotted cream and fresh raspberries (V)	, ,
LOCALIA	Artisan Ice Cream or Vegan Sorbet Selection	
	2 scoops 5	
AU	3 scoops 6.5	

Locally produced organic Ice Cream and Sorbets. Please inquire with your server for the current available choices

SELECTION OF COFFEES AND TEAS please see our hot drinks menu